

CERTIFICATE OF PARTICIPATION

This is to certify that

Lize Van der Merwe

Has successfully participated & completed the

Solo Steer Cowhouse Cross Duathlon 2018 #5

held at Cowhouse Market.

TIME 01:27:44

PACE 05:49/km

OVERALL 8 of 15

GENDER 3 of 7

14 - 19 2 of 2

12 August 2018, Sun

Date



BoutTime

Signature

